

Angels & me

Song : 'Angels' by Amy Grant ; available on itunes
Four Wall, 68 Beat, Easy Intermediate, Start on vocals
Choreographer : Ryan Lea



INTRO: (*Optional after spiral out music for 16 beats; dance 32 beats Preparation before vocals start on " Take this man to prison "*)

Dance ONLY steps 1-16 below TWICE ie. 32 beats

(1-8) SIDE ROCK SHUFFLE TO LEFT, SIDE ROCK SHUFFLE TO RIGHT

1,2,3&4 Step R to side, rock onto L, shuffle R,L,R
5,6,7&8 Step L to side, rock onto R, shuffle L,R,L

(9-16) FORWARD ROCK, 1/2 TURN SHUFFLE, 1/2 PIVOT TURN & SHUFFLE

1,2,3&4 Step R forward, rock back onto L, 1/2 turn right, shuffle R,L,R
5,6,7&8 Step forward L, pivot 1/2 turn right, weight on R, shuffle L,R,L

(17-24) VINE RIGHT & TOUCH, VINE LEFT & TOUCH

1,2,3,4 Step R to side, step L behind R, step R to side, touch L
5,6,7,8 Step L to side, step R behind L, step L to side, touch R

(25-32) 1/4 PADDLES x 2, CROSS SAMBA, CROSS SAMBA

1,2,3,4 Step R forward, pivot 1/4 left, take weight onto L x 2
5&6,7&8 Step R across L, step L to side, step R to side; Step L across R,
step R to side, step L to side

REPEAT STEPS 1- 32 AGAIN

(33-40) FORWARD ROCK, 1/2 TURN TRIPLE, CROSS SAMBA, CROSS SAMBA

1,2,3&4 Step R forward, rock back onto L; triple in place turning 1/2
right, R,L,R
5&6,7&8 Step L across R, step R to side, step L to side; Step R across L,
step L to side, step R to side

(41-48) 1/4 PADDLES x 2, CROSS SAMBA, CROSS SAMBA

1,2,3&4 Step L forward, pivot 1/4 right, take weight onto R x 2
5&6,7&8 Step L across R, step R to side, step L to side; Step R across L,
step L to side, step R to side

(49-56) ROCKING CHAIR, STEP 1/2 TURN, STEP & HOLD

1,2,3,4 Step L forward, recover weight onto R, step back L, recover weight
onto R
5,6,7,8 Step L forward, pivot 1/2 turn right, step L, hold

(57-64) WALK 2, STEP 1/2 TURN, CROSS SAMBA, CROSS SAMBA

1,2,3,4 Step R,L; step R forward, pivot 1/2 turn left
5&6,7&8 Step R across L, step L to side, step R to side; Step L across R,
step R to side, step L to side

(65-68) 1/4 PADDLE, 1/2 PIVOT TURN

1,2,3,4 Step R forward, pivot 1/4 left, take weight onto L; step R forward,
turning 1/2 left, replace weight onto L

START NEXT WALL IN CLOCKWISE DIRECTION

NOTES:

- Watch out for 4 second pause on WALL 3, to back, prior to Step 33 on lyrics " God has angels "
- On WALL 4, finish when music runs out..... !!