

A SONG FOR MUM

(This Is Your Song)

SONG: "THIS IS YOUR SONG" by RONAN KEATING
ALBUM: "SONGS FOR MY MOTHER"
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.
CHOREOGRAPHER: GORDON ELLIOTT. Sydney. AUSTRALIA. August 2017

THIS DANCE IS DEDICATE TO NOT ONLY MY MUM BUT ALL OUR MOTHERS

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1, 2 3 & 4 5, 6 7 & 8	<p>SWEEP, SWEEP. QUICK PIVOT- FORWARD SWEEP, SWEEP, QUICK PADDLE-ACROSS SWEEP TO STEP R FORWARD, SWEEP TO STEP L FORWARD, QUICK PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO L, STEP R FORWARD, SWEEP TO STEP L FORWARD, SWEEP TO STEP R FORWARD, QUICK PADDLE : STEP L FORWARD, TURN 90° RIGHT TAKE WEIGHT ONTO R, STEP L ACROSS IN FRONT OF RIGHT (9.00)</p>
1, 2 3 & 4 5, 6 7&8 ##	<p>SIDE, ROCK, BEHIND-SIDE-ACROSS, SIDE, ROCK, BEHIND-1/4 FORWARD-FORWARD STEP R TO THE SIDE, SIDE ROCK INTO L, STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, SIDE ROCK ONTO R, STEP L BEHIND RIGHT, TURN 90° RIGHT STEP R FORWARD, STEP L FORWARD.</p>
1, 2 & 3, 4 & 5, 6 & 7, 8 &	<p>FORWARD, ROCK-1/2 TOGETHER-FORWARD, ROCK & SIDE, ROCK & SIDE, ROCK & STEP R FORWARD, ROCK BACK ONTO L, TURN 180° RIGHT STEP R TOGETHER, STEP L FORWARD, ROCK BACK ONTO R, STEP L TOGETHER, STEP R TO THE SIDE, SIDE ROCK ONTO L, STEP R TOGETHER, STEP L TO THE SIDE, SIDE ROCK ONTO R, STEP L TOGETHER. (6.00)</p>
1 & 2 & 3, 4 & 5 & 6 & 7 & 8	<p>ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK & ACROSS-1/4 BACK-BACK-HOOK-SHUFFLE FORWARD STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT, ROCK ONTO L, STEP R TOGETHER, STEP L ACROSS IN FRONT OF RIGHT, TURN 90° LEFT STEP R BACK, STEP L BACK, HOOK R HEEL ACROSS IN FRONT OF LEFT, SHUFFLE FORWARD STEP : R-L-R. (3.00)</p>
1, 2 & 3, 4 5, 6 & 7, 8	<p>PIVOT TURN & PIVOT TURN, FORWARD, ROCK-1/2 TURN-FORWARD, TOUCH PIVOT : STEP L FORWARD, TURN 180° RIGHT TAKE WEIGHT ONTO R, STEP L TOGETHER, PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO L, STEP R FORWARD, ROCK BACK ONTO L, TURN 180° RIGHT STEP R FORWARD, STEP L FORWARD, TOUCH R TOE TO THE SIDE. (9.00)</p>
40	REPEAT THE DANCE IN NEW DIRECTION
	RESTART : On WALL 5 dance to BEAT 16 (##) & RESTART to the FRONT

