

BITTY, BOPPY, BETTY

SONG: BITTY, BOPPY, BETTY
ARTIST: PINK MARTINI
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON LEFT
FOOT
CHOREOGRAPHER: PAUL MCQUEEN
DATE: 1st OCTOBER 2024
LEVEL: BEGINNER/IMPROVER
WALLS: 4
MUSIC: AVAILABLE ON ITUNES
ALBUM: SPLENDID IN THE GRASS

BEATS	INTRODUCTION 24 BEATS
1, 2, 3, 4 5, 6, 7, 8	<p>STEP FORWARD, HEEL TWISTS, STEP FORWARD, HEEL TWISTS STEP FORWARD ON R, TO THE RIGHT DIAGONAL, STOMP L NEXT TO R, HEEL TWISTS: TWIST BOTH HEELS LEFT, TWIST HEELS RIGHT, STEP FORWARD ON L, TO THE LEFT DIAGONAL, STOMP R NEXT TO L, HEEL TWISTS: TWIST BOTH HEELS RIGHT, TWIST HEELS LEFT, (12.00) (FOR A HARDER VERSION JUMP INSTEAD OF STEP FORWARD & TWIST WITH ARM MOVEMENTS)</p>
1, 2, 3, 4, 5, 6, 7, 8	<p>BACK TOUCH, BACK TOUCH, OUT, IN, HEEL, HOOK STEP R BACK AT 45°, TOUCH L NEXT TO R, STEP L BACK AT 45°, TOUCH R NEXT TO L, TOUCH R TO RIGHT, TOUCH R NEXT TO L, TOUCH R HEEL FORWARD AT 45°, HOOK R FOOT ACROSS L SHIN, (12.00)</p>
1&2, 3, 4, 5, 6, 7, 8	<p>SIDE SHUFFLE, BACK, ROCK, VINE TO LEFT, ¼ TURN & HITCH SIDE SHUFFLE TO RIGHT STEP: R-L-R, STEP L BACK, ROCK FORWARD ONTO R, STEP L TO THE LEFT, STEP R BEHIND L, TURN 90° LEFT, STEP L FORWARD, HITCH R KNEE, (9.00)</p>
1, 2, 3, 4, 5, 6, 7, 8.	<p>STEP RIGHT, TOUCH L IN-OUT-IN, STEP LEFT TOUCH R, STEP RIGHT STOMP L, STEP R TO RIGHT SIDE, TOUCH L TOE NEXT TO R, TOUCH L TOE OUT TO LEFT SIDE, TOUCH L TOE NEXT TO R STEP L FOOT TO LEFT SIDE, TOUCH R TOE NEXT TO L, STEP R TO RIGHT SIDE, STOMP L NEXT TO R, TAKING WEIGHT ON L (9.00)</p>
32	<p>REPEAT THE DANCE IN THE NEW DIRECTION NO TAGS, NO RESTARTS</p>
	<p>CONTACT DETAILS PAUL McQUEEN MOBILE: 0438639150 EMAIL: PaulWilliamMcQueen@gmail.com DATE: 14TH August 2024</p>