

(I've got a) GOOD THING

Dance: 4 walls, 32 counts, anti-clockwise rotation

Level: Upper Beginner Line Dance

Music: Good Thing (2.50)

Artist: Kip Moore (available on iTunes)

Album: Slowheart

Choreographer: Cathryn Proudfoot; NSW; January 2018



Beats	Steps	Starting Position: Weight on L facing front	Intro: 32 counts
1 - 8	Side touch, side touch, R "V step" ¼ turn R with touch:		3.00
1 - 4	Step R to side, touch L beside R, Step L to side, touch R beside L <i>(Option: feel free to clap or click on beats 2 & 4)</i>		
5 - 6	Step R fwd to 45°, Step L fwd to 45°		
7 - 8	Turn ¼ R to step R back to centre, touch L beside R		
9 - 16	Side touch, side touch, L "V step" ¼ turn L with touch		12.00
1 - 4	Step L to side, touch R beside L, Step R to side, touch L beside R <i>(Option: feel free to clap or click on beats 2 & 4)</i>		
5 - 6	Step L fwd to 45°, Step R fwd to 45°		
7 - 8	Turn ¼ L to step L back to centre, touch R beside L ***		
17 - 24	R Montana kick, Vine R ¼ turn R, scuff L:		3.00
1 - 2	Step R fwd, kick L fwd,		
3 - 4	Step L back, touch R toe back, <i>(Option: feel free to clap or click on beats 2 & 4)</i>		
5 - 8	Step R to side, step L behind R, turn ¼ R to step R fwd, scuff L heel through <i>(Option: replace vine R with a rolling vine 1 & ¼ R - Turn ¼ R to step R fwd, turn ½ R to step L back, turn ½ R to step R fwd)</i>		
25 - 32	L Rocking chair, ¼ R pivot, ¼ turn R, touch:		9.00
1 - 4	Rock L fwd, replace weight on R, rock L back, replace weight fwd on R <i>(Option: replace rocking chair with 2 x ½ R turn pivots -Step L fwd turn ½ R transferring weight onto R, repeat)</i>		
5 - 6	Step fwd L, turn ¼ R transferring weight to R		
7 - 8	Turn ¼ R stepping L to side, touch R beside L		
32	End of dance		
Restart	Wall 7 - starts facing back wall Dance counts 1 - 16 and restart to back wall		
Ending	Wall 10 Dance Counts 1 - 16 - finishes facing the front		

*Optional turns are for more experienced dancers
or to progress your beginners the next level for rolling turns & ½ Pivot turns*

Enjoy ☺

Contact

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