



# Hey Mamama



Music: "Hey Mamma" Artist: Sunstroke Project  
Album: Eurovision Song Contest 2017 Kyiv  
Choreographer: Colleen Archer, Charters Towers, Qld, Australia  
Track Time: 3 mins Counts: 32 Walls: 4 Level: Easy Int. BPM: 112  
Intro: 8 counts (start on the word "Hey") SP: Weight on L  
Rotation: ¼ CCW Date: 25/7/2017 "For Lilly"  
email: [colleen.archer@bigpond.com](mailto:colleen.archer@bigpond.com)

## **MAMBO, MAMBO, SIDE, TOUCH, SIDE, TOUCH, SHUFFLE**

- 1 & 2 Rock step R forward, Recover L, Step R beside L
- 3 & 4 Rock step L to left side, Recover R, Step L beside R
- & 5 & 6 Step R to right side, Touch L beside R, Step L go left side, Touch R beside L
- 7 & 8 Step R to right side, Step L to left side, Step R to right side (12)

## **FWD, SCUFF, HEEL, COASTER, ¼ PADDLE, ¼ PADDLE, ACROSS**

- 1, 2 & Step L forward, Scuff R & raise L heel, Lower L heel
- 3 & 4 Step R back, Step L beside R, Step R forward
- 5, 6 Step L forward, Turn ¼ right taking weight R
- & 7, 8 Step L forward, Turn ¼ right taking weight R, Step L across R (6)

## **SIDE, TOUCH, SHUFFLE, COASTER, TOG, SIDE, TOG, SIDE**

- 1, 2 Long step R to right side, Touch L beside R
- 3 & 4 Step L to left side, Step R beside L, Step L to left side
- 5 & 6 Step R back, Step L beside R, Step R forward
- & 7 Step L beside R, Touch R toe to right side
- & 8 Step R beside L, Touch L toe to left side (6)

## **¼ TURN SAILOR, BEHIND, SIDE, FWD, ½ PIVOT, X-SAMBA**

- 1 & 2 Step L behind R, Turn ¼ left and rock step R to right side, Recover L
- 3 & 4 # Step R behind L, Step L to left side, Step R forward (add finish)
- 5, 6 Step L forward, Turn ½ right taking weight R
- 7 & 8 Step L across R, Rock step R to right side, Recover L (9)

Begin dance again....

**FINISH:** Wall 10 starting at 9 o'clock, dance first 28 counts #, now facing 12 o'clock.

- 5, 6 Rock step L forward, Recover R
- 7 & 8 Step L R L on spot.

\*\*\*\*\* *The music encourages you to use your hips, so please do!*