

Let Down Your Guard

Count: 48

Wall: 2

Level: Easy Intermediate waltz

Choreographer: Travis Taylor – November 2019

Music: Lay Here With Me by Maddie & Tae

INTRO: 24 COUNTS (on the words ‘How can I be so lonely’)

CROSS TWINKLE – CROSS 1/2 R TWINKLE – CROSS POINT HOLD – R SAILOR WALTZ

- 1-3 Cross L over R, Rock R to R side, Replace weight on L
- 4-6 Cross R over L, 1/4 R Stepping L back, 1/4 R Stepping R to R side
- 1-3 Cross L over R, Point R to R side, Hold
- 1-6 Step R behind L, Step L to L side, Replace weight on R

BEHIND SIDE CROSS – SIDE DRAG – FULL TURN ROLL L – CROSS TWINKLE

- 1-3 Step L behind R, Step R to R side, Cross L over R
- 4-6 Step R to R side dragging L towards R for 2 Counts
- 1-3 1/4 L Stepping L fwd, 1/2 L Stepping R back, 1/4 L Stepping L to L side
- 4-6 Cross R over L, Rock L to L side, Replace weight on R

CROSS 1/4 L BACK – BACK WALTZ – FWD 1/4 L WALTZ – BACK WALTZ

- 1-3 Cross L over R, 1/4 L Stepping R back, Step L back
- 4-6 Step R back, Step L together, Step R slightly in place
- 1-3 Step L fwd, 1/4 L Stepping R together, Step L slightly in place
- 4-6 Step R back, Step L together, Step R slightly in place*

FWD SWEEP – CROSS TWINKLE – CROSS POINT HOLD – 1/4 R FWD - PIVOT 1/4

- 1-3 Step L fwd sweeping R around for 2 Counts
- 4-6 Cross R over L, Rock L to L side, Replace weight on R
- 1-3 Cross L over R, Point R to R side, Hold
- 4-6 1/4 R Stepping R together, Step L fwd, 1/4 R Pivot weight on R

TAG: at the end of Wall 2 – Repeat the following

CROSS TWINKLE – CROSS 1/2 R TWINKLE – CROSS POINT HOLD – BACK POINT HOLD

- 1-3 Cross L over R, Rock R to R side, Replace weight on L
- 4-6 Cross R over L, 1/4 R Stepping L back, 1/4 R Stepping R to R side

- 1-3 Cross L over R, Point R to R side, Hold
- 1-6 Step R behind L, Point L to L side, Hold

RESTART during Wall 5 at Count 36*

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