

Life After You

Count: 24 Wall: 4 Level: Beginner Waltz

Choreographer: Laura Rittenhouse (AUS) - December 2020

Music: Life After You by Daughtry

Start after 30 beats

S1: SWEEP FORWARD STEPPING LEFT, TWINKLE

1,2,3 Step L fwd, Sweep R fwd (2,3)

4,5,6 Cross R over L, Step L beside R, Step L in place

S2: SLOW ROCK FORWARD LEFT, SLOW RECOVER ON RIGHT

1,2,3 Rock L fwd, Hold (2,3)

4,5,6 Recover back on R, Hold (5,6)

S3: LOCK BACK LEFT, SIDESTEP RIGHT

1,2,3 Step L back, Lock R in front of L, Step L back

4,5,6 Step R to R, Drag L to R (5,6)

S4: TURNING $\frac{1}{4}$ LEFT WITH BASIC WALTZ FWD AND BACK

1,2,3 Turn $\frac{1}{8}$ L stepping L fwd (10:30), Step R beside L, Step L in place

4,5,6 Turn $\frac{1}{8}$ L stepping R back (9:00), Step L beside R, Step R in place