

OFF THE CHAIN

Choreographer: Anne Herd, February 2013, Tamworth, Australia

Song: Off The Chain by Selena Gomez & The Scene.

CD: A Year Without Rain (120bpm) 3:45 iTunes

Description: 4 Wall, 32 Count Beginner Line Dance - CCW

(No Tags/Restarts)

Start dancing on lyrics (approx. 8 beats in)

Beats	Steps
1-8	Walk Forward X 3, Touch, Back, Touch, Forward, Touch
1-2-3-4	Walk forward stepping R L R, Touch L beside R
5-6-7-8	Step back on L, Touch R beside L, Step forward on R, Touch L beside R
9-16	Walk Back X 3, Touch, Step, Hip Sway
1-2-3-4	Walk back stepping L R L, Touch R beside L
5-6-7-8	Step R to side as you sway hips R L R L
17-24	Vine Right Touch, Vine Left ¼ Turn, Touch
1-2-3-4	Step R to side, Step L behind R, Step R to side, Touch L beside R
5-6-7-8	Step L to side, Step R behind L, Step L to side, Touch R beside L
25-32	Side Touch, Side Touch. Heel, Heel, Toe, Toe
1-2-3-4	Touch R to side, Step R beside L, Touch L to side, Step L beside R
5-6-7-8	Touch R heel forward twice, Touch R toe behind twice

Restart Dance

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