

Only Sixteen Ab

Count: Ab Beginner – Beginner , 32 Count, 4 Walls,

Choreographer : Annemaree Sleeth January 2019

Music: Only Sixteen Dr Hook 2.45 Album Dr Hook Premium Gold Collection

Intro: 8 Counts Start Of The Word “ Only” Dance Rotates Acw

- S1 1 – 8 ½ R RHUMBA FORWARD, ½ L RHUMBA FORWARD**
1 - 2 Step Right Side, Step Left Together
3 - 4 Step Right Forward, Hold
5 - 6 Step Left Side, Step Right Together
7 - 8 Step Left Forward, Hold
- S2 9 – 16 ROCK RECOVER, ¼ R SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS (Ext Weave)**
1 - 2 Rock Right Forward, Recover Left
3 - 4 Turn ¼ Right Step Right Side, Cross Left Over Right 3.00
5 - 6 Step Right Side , Cross Left Behind Right
7 - 8 Step Right Side, Cross Left Over Right
- S3 17 – 24 POINT, CROSS, POINT, BACK, POINT, BACK, POINT, TOGETHER**
1 - 2 Point Right Out Side , Cross Right Over Left
3 - 4 Point Left Out Side , Step Left Back
5 - 6 Point Right Out Side , Step Right Back
7 - 8 Point Left Out Side , Step Left Together
- S4 25– 32 4 TINY PIVOTS (PADDLE TURNS)**
1 - 2 Step Right Forward, Pivot 1/8 Left
3 - 4 Step Right Forward, Pivot 1/8 Left 12.00
5 - 6 Step Right Forward, Pivot 1/8 Left
7 - 8 Step Right Forward, Pivot 1/8 Left 9.00

Dance Ends To The Front:.. Step Forward Wave Both Hands in the air for fun

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