



# Release

for Willow

**Choreographer:** Jo Rosenblatt, Brisbane (QLD), September 2021

**Song:** "Release" (available on itunes) **Track:** 3:24 **Artist:** Willow

**Description:** 80 Count, 2 Walls, 2 Restarts **Level:** Intermediate

**Start:** 32 Count intro, Weight on left

- Section 1** **Forward, Rock, ½ Turn Shuffle, Forward, Rock, Coaster**  
1 2 3&4 Step R forward, Rock back on L, Turn 180° right shuffle forward RLR (6)  
5 6 7&8 Step L forward, Rock back on R, Step L back, Step R beside left, Step L forward
- Section 2** **Forward, Hold, Together, Walk, Walk, Rocking Chair**  
1 2&3 4 Step R forward, Hold, Step L beside right, Walk R fwd, Walk L fwd  
5 6 7 8 \*\*\* Step R forward, Rock back on L, Step R back, Rock forward on L \*\*\*
- Section 3** **Pivot Turn, Heel-Ball-Step, Paddle, Heel-Ball-Step**  
1 2 3&4 Step R fwd, Turn 180° left step L fwd, Touch R heel fwd, Step R beside left, Step L fwd (12)  
5 6 7&8 Step R fwd, Turn 90° left step L to side, Touch R heel fwd, Step R beside left, Step L fwd (9)
- Section 4** **¼ Jazz, ¼ Jazz with Cross**  
1 2 3 4 Cross R over left, Step L back, Turn 90° right step R to side, Step L forward (12)  
5 6 7 8 Cross R over left, Step L back, Turn 90° right step R to side, Step L across right (3)
- Section 5** **Side, Rock, Behind, Side, Rock, Behind, ¼ Fwd, Fwd (6)**  
1 2 3 4 Step R to right, Rock/Recover onto L, Step R behind left, Step L to left  
5 6 7 8 Rock/Recover onto R, Step L behind right, Turn 90° right step R forward, Step L forward (6)
- Section 6** **Fwd, Point, Back, Point, Cross, Side, Behind, Sweep**  
1 2 3 4 Step R forward, Point L toe to left, Step L back, Point R toe to right  
5 6 7 8 Cross R over left, Step L to left, Step R behind left, Sweep L around from front to back
- Section 7** **Behind, Side, Cross, Sweep, Cross, ¼ Back, Back, Rock**  
1 2 3 4 Step L behind right, Step R to right, Cross L over right, Sweep R around from back to front  
5 6 7 8 Cross R over left, Turn 90° right step L back, Step R back, Rock forward onto L (9)
- Section 8** **Side, Hold, Together, Side, Tap, Side, Hold, Together, Side, Tap**  
1 2&3 4 Step R to right, Hold, Step L beside right, Step R to right, Tap L beside right  
5 6&7 8 Step L to left, Hold, Step R beside left, Step L to left, Tap R beside left
- Section 9** **Cross, Rock, Side, Rock, Back, Rock, Step, Paddle**  
1 2 3 4 Cross R over left, Rock/Recover onto L, Step R to right, Rock/Recover onto L  
5 6 7 8 Step R back behind left, Rock/Recover onto L, Step R fwd, Turn 90° left step L to side (6)
- Section 10** **Cross, Rock, Side, Rock, Back, Rock, Full Turn Fwd**  
1 2 3 4 ## Cross R over left, Rock/Recover onto L, Step R to right, Rock/Recover onto L ##  
5 6 7 8 Step R back, Rock/Recover onto L, Turn 180° left step R back, Turn 180° left step L fwd (6)
- RESTARTS** **WALL 3:** Restart the dance at the back wall after Count 16 \*\*\*.  
**WALL 4:** Restart the dance at the front wall after Count 76 ##.

**Enjoy!!!!**

This dance is dedicated to Willow – for finally realizing his dreams.  
Yahoo my friend!!! It was worth the wait!!!



Free to be copied provided no changes are made to the original choreography.

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(Thank you Gordie for all your help!!!)