



The Good Old Days



Music: "The Good Old Days" Artist: Chris Sebastian
Album: The Good Old Days (available iTunes)
Choreographer: Colleen Archer, Charters Towers, Qld, Australia
Time: 3.11 mins 48 Counts 4 Walls Int. Level Version: 2
Intro: 24 counts SP: Weight L Date: 3/01/2017 BPM:150
email: colleen.archer@bigpond.com Rotation: ¼ CCW



Behind, Rock side, Recover, Across, Sweep

- 1 – 3 Step R behind L, Rock step L to left side, Recover R
4 – 6 Step L across R to 45° right, Sweep R forward for 2 counts (12)

Lunge, Hold, Hold, Back, Drag

- 1 – 3 Lunge R forward to 45° right, Hold, Hold
4 – 6 Step L back, Drag R back for 2 counts (facing diagonal) (12)

Waltz back & turn ½, Forward, Sweep forward

- 1 – 3 Step R back, Turn ½ left and step L beside R, Step R beside L (facing diagonal)
4 – 6 Step L forward, Sweep R forward and around taking 2 counts (straighten up) (6)

Across, Side, Behind, Rock side, Hold, Hold

- 1 – 3 Step R across L, Step L to left side, Step R behind L
4 – 6 Rock step L to left side, Hold, Hold (6)

¼ Turn & Forward, ½ Pivot, ¼ Turn & Side, Hold, Hold

- 1 – 3 Turn ¼ right & step R forward, Step L forward, Turn ½ right taking weight R
4 – 6 # Turn ¼ right & step L to left side, Hold, Hold (restart) (finish) (6)

Behind, Rock side, Recover, Across, Unwind ½

- 1 – 3 Step R behind L, Rock step L to left side, Recover R
4 – 6 Touch L toe across R, Slowly unwind ½ right taking weight onto L (12)

Waltz back, Forward, Small Hitch

- 1 – 3 Step R back, Step L beside R, Step R beside L
4 – 6 Step L forward, Small hitch R knee taking 2 counts (12)

Back, ¼ Turn & Sweep, Back, Sweep

- 1 – 3 Step R back, Turn ¼ left (on ball of R) while sweeping L around & back
4 – 6 Step L back, Sweep R around & back taking 2 counts (9)

Begin dance again.....

Tag: Complete wall 3, add following steps and begin wall 4 facing 3 o'clock.

Behind, Rock side, Recover, Across, Touch, Hold

- 1 – 3 Step R behind L, Rock step L to left side, Recover R
4 – 6 Step L across R, Touch R to right side, Hold

Restart: # Wall 7, dance first 30 counts of dance and begin Wall 8 facing 12 o'clock.

Finish: # Dance first 30 counts of dance, Hold, Hold